



## OPEN GYM

Unlimited Access to utilize the facility. NO coaches or instruction are provided during Open Gym.

OPEN GYM	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
ADULT OPEN GYM	12:00-2:00PM 8:00 - 10:00PM	12:00-2:00PM 8:00 - 10:00PM	12:00-2:00PM 8:00 - 10:00PM	12:00-2:00PM 8:00 - 10:00PM	12:00-2:00PM 8:00 - 10:00PM	12:00-2:00PM

## TUMBLING

Tumbling basics and elements of basic gymnastics techniques.

TKD CLASSES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
TUMBLING	6:00 - 7:00PM		6:00 - 7:00PM		6:00 - 7:00PM

## TRICKING

An aesthetic blend of martial arts kicking and off axis flip/trick variations. Cinematic Martial Arts

TRICKING CLASSES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
TRICKING	7:00 - 8:00PM		7:00 - 8:00PM		7:00 - 8:00PM

## PRICING

Unlimited Monthly Packages require Automatic Credit Card Billing

FAMILY DISCOUNT - \$25/off per family member per program

PROGRAM	DROP IN   Single Session Pass	1 PROGRAM 1 CLASS PER WEEK Includes Unlimited Open Gym	1 PROGRAM UNLIMITED MONTHLY Includes Unlimited Open Gym	UNLIMITED ALL PROGRAMS Includes Unlimited Open Gym
OPEN GYM	\$10		\$60	\$250
TAEKWONDO	\$25	\$99	\$150	
TRICKING	\$25	\$99	\$150	
PRIVATE LESSONS	\$65			